

The Sisters of St. Joseph Charitable Fund is hosting a day-long workshop February 29, 2012, on the topic of **Healthy Lifestyles** with a particular focus on preventing **Childhood Obesity**. This no cost workshop will be held at First Presbyterian Church, 1341 Juliana Street, Parkersburg from 9:30 a.m. - 3 p.m.

The format will include:

- Summary of current programs and accomplishments in the Mid-Ohio Valley
- Opportunity to engage with staff from Campaign for Health Kids, Faith United to End Childhood Obesity, and Health Ministries Association toward possible collaborations to advance mutual goals
- Explore ways to further engage the faith community in this effort in various ways such as modeling healthy options, supporting improvements in policy, and incorporating activity and good nutrition in church programs/facilities

More details regarding the full workshop agenda will be coming soon!