

Due to limited seating, pre-registration is essential. For your convenience, there are several ways to register:

1 Complete, clip; mail this form to:

SSJCF — Good Grief!
 PO Box 4440
 Parkersburg WV 26104-4440

2 Complete this form; fax it to:

304-424-6081

3 E-mail the following information to:

(mbauer@ssjcharitablefund.org)

Non-Profit Organization
 U.S. POSTAGE PAID
 (Parkersburg WV)
 PERMIT NO. (342)



Good Grief!

rebuilding your life after loss

Day/Date: August 14, 2010

Time: 9:00 a.m. — 12:30 p.m.

Location: Emmanuel Baptist Church

1710 23rd Street; Parkersburg, WV



Emmanuel
 BAPTIST CHURCH

**Sponsored by:
 The SSJ Charitable Fund, and
 Emmanuel Baptist Church**

Please print clearly and legibly

Name(s):	
Name of Contact:	
Contact's Mailing Address:	
Contact's Phone and e-mail:	

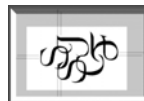
Deadline for Registration:
August 9, 2010



This brochure is available to download as an Adobe .pdf file on the SSJCF website: www.ssjcharitablefund.org/health_ministry_initiative.htm

Please feel free to download and forward the information to those you think would be interested in attending this program.

SSJ Charitable Fund
 PO Box 4440
 Parkersburg WV 26104-4440





Simply defined, grief is the normal and natural reaction to significant emotional loss of any kind. It's the emotional suffering you feel when something or someone you love is taken away. You may associate grief with the death of a loved one – and this type of loss does often cause the most intense grief. But any loss can cause grief, including:

- Loss of health
- Losing a job; financial stability
- Loss of a cherished dream
- Loss of independence / freedom
- Loss of home

The range of emotions associated with grief is as varied as there are people and personalities. Therefore, grief is a personal and highly individual experience — there is no right or wrong way to grieve. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and the nature of your loss.

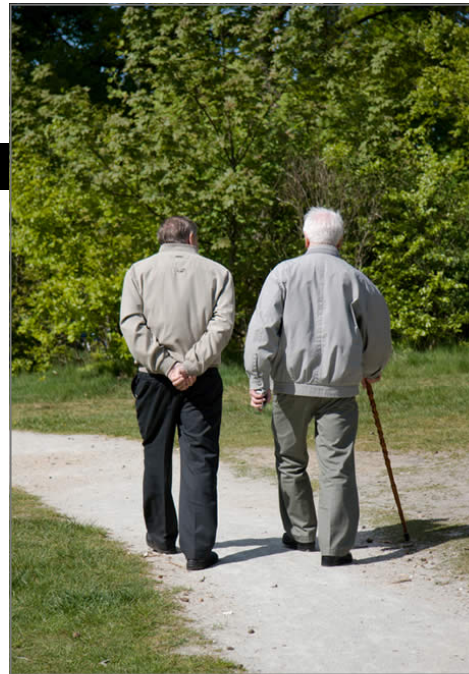
The purpose of this workshop is to identify and emphasize:

- the importance of developing a plan to deal with loss and grief
- healthy ways to cope with the pain of loss and grief

Workshop Agenda

- 9:00 Registration
- 9:30 Welcome, introductions, overview
- 9:40 Facilitator and Panel presentation
- 11:00 Break
- 11:20 Group process – examples of dealing with loss
- 11:50 Debriefing and video: "Seasons"
- 12:30 Closing

“Grief that is expressed and experienced has a potential for healing that eventually can strengthen and enrich life.”



Dr. Priscilla Leavitt, a licensed psychologist and a licensed professional counselor, counsels couples, teens, and adults in her Counseling and Wellness Center on Market Street in Parkersburg, WV. She is also a Professor of Counseling at Oxford Graduate School in Dayton, Tennessee — a doctorate program integrating religion and society.



Dr. Leavitt has two master's degrees as well as a PhD from Ohio University. Her dissertation looked at the grief experiences of widows and widowers 5-14 months after their spouse's deaths. The results were published by the National Funeral Directors Foundation. Dr Leavitt has also published two chapters in the area of death and dying, and has given numerous seminars and presentations about grief nationally and internationally.

Dr. Leavitt has been a member of the National Speakers Association and The American Society of Training and Development. In that capacity she has often consulted and presented seminars in the areas of team building, stress management, and sexual harassment.

The Health Ministry Initiative program of the SSJ Charitable Fund is delighted to be able to co-sponsor this workshop.

While this program is offered at no charge, a free-will offering will be gratefully accepted and used to offset some of the expenses of refreshments, books, and handouts.



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